



STUBBING COURT TRAINING LTD.
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TO ALL APPRENTICES, PARENTS & EMPLOYERS
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SCT MASTERCLASS WITH MATTHEW SAMPSON



While giving a Masterclass to Stubbing Court Training Ltd apprentices and employers at Parklands EC, Sheffield on 24 July, international show jumper Matthew Sampson also judged SCT's Apprentice of the Year awards. SCT's 'Apprentice of the Year' for 2015 is Sarah Warner. Sarah, 25, is employed by Jenny Bazeley of JB Equestrian in Stocksbridge. "I'm delighted - I was just pleased that Jenny nominated me for the award, and wasn't expecting to win at all," said Sarah. Although Sarah has ridden since she was a child, she has only worked with horses for the past year. "Doing an Apprenticeship has taught me so much. I'm doing my Level 2 Apprenticeship and hope to stay on and do my Level 3 now. It is nice to know that my hard work is paying off."



SCT's 'Advanced Apprentice of the Year' 2015 is Helen Bates, 19, who is employed by event riders Mark and Tanya Kyle at Queenholme Equestrian in Leicestershire. "I'm really pleased - it's a privilege to be chosen," said Helen. "I always knew I wanted to work with horses, and when I started working for the Kyles, they suggested I did an Apprenticeship. It's enabled me to learn on the job, and has given me a really all-round training. I'd like to be a professional event rider, and what I have learnt while doing my Advanced Apprenticeship should stand me in good stead for running my own yard one day too". Both Sarah and Helen were presented with embroidered jackets from Thomas Irving Equestrian Superstore in Chesterfield, and Feed Balancer from Top Spec. Matthew Sampson commented: "The standard improves every year. It is a delight to see so many enthusiastic young professionals wanting to learn." Matthew had a busy day - he also taught nine groups of SCT employers and apprentices during his Masterclass. This was the third in the 2015 SCT Masterclass Series, following sessions with Yogi Breisner and Spencer Roe. SCT are extremely grateful for the support of Matthew and all the Sampson family, and all the team at Parklands for providing great horses and facilities, and all the employers and apprentices who attended.



WELCOME TO:

Emily Ward, Jessica Ridley, Tamara Miles, Georgia Jowitt,
 Georgina Hinkley, Elise Berriman, Jordan Braddock, Linda Garner



HELEN BATES, QUEENHOLME E.C.



I have been at Queenholme since November 2013, and currently event my 6yo ISH at Novice/1* level. Queenholme is the base of professional event riders Mark and Tanya Kyle, and houses approximately 60 horses ranging from un-backed three-year-olds to four star event horses. An important factor in the training of an event horse is that they have to be much fitter than a jumper or a dressage horse due to the cross country phase. At the top level the horse may be jumping and galloping for around 11 minutes, so a high level of fitness is required. This fitness is achieved gradually by building up the work and using interval training (in the form of canter work) to further a horse's endurance. The training a horse will undergo will depend of their age, level/ ability, and the horse as an individual. Interval training is where the intensity of the training alternates between high intensity and low intensity. In terms of cantering, we use a stretch of gallops which is set on a slope, and will canter the horses up (usually a suitable cross country pace so a relatively fast canter) and then walk them back down again. We repeat this as necessary, often it will be between 3 and 4 times but can vary depending on the horse and the level they are competing at. We would do it for as long as it takes to do the sets, there is no specific time as such, usually 30 mins, each 4th day, or as close to it whilst fitting in around other training. No more frequently than every 4th day. Preventing injury is another important factor. The cooling of the horse's legs is vital to the prevention of injury. Use of ice packs and clays means that their legs can be cooled quickly and effectively. Cross country boots are also influential in the prevention of injury to the horse. They are specifically designed to shock absorb in the case of an impact, such as a horse hitting a fence across country. It is fantastic to be on a yard with such high standards and such quality horses. It is very good experience and a continuous learning curve. I look forward to extending my knowledge, and continuing to enjoy being part of the team here at Queenholme.



JESSICA GREEN, GOLD EVENTERS



I am currently completing my SCT Advanced Apprenticeship with Jo Newton on her livery and training yard close to Mansfield. The yard is not a big one as there are more sheep than horses on site but there is plenty enough to do to keep me busy throughout the day. It is just myself on the apprenticeship scheme and so I am mainly responsible for looking after the yard and the horses on it, making sure stables are mucked out and kept tidy, that horses are given a groom on a daily basis and checked over for any bumps and scrapes and that the yard is swept and clean. I've been incredibly fortunate whilst working with Jo under SCT as this has given me opportunities that I'd never even imagined having. I have been able to keep my own horse (Poppy) at the yard, have both flatwork and jump lessons on a daily basis and compete at various shows throughout my training. I have been able to ride an advanced event horse (Double Gold) and a medium dressage horse as well as handling youngsters and teaching them that having someone on their back isn't scary. I have competed at county shows on the jumping pony in working hunter classes and I rode my own horse in ridden hunter classes at the Flintham and Southwell Ploughing Matches as well as in a couple of Prelim classes at the Spinal Research unaffiliated dressage at Arena UK earlier this year. I got the chance to shadow Caroline Moore for two days that she was coaching members of the junior team in dressage, show-jumping and cross-country; helping them prepare for upcoming events. I have also been able to help the veterinary team check passports for the 1* at Chatsworth Horse Trials 2015 during which I learnt a huge amount and will probably use that knowledge later. I'm most grateful for the opportunity to progress with my own horse and my riding ability. Even though there is still plenty of room for improvement, without Jo's lessons and the support from SCT, especially with Masterclasses taught by Andrew Saywell, Yogi Briesner and Spencer Roe at local venues, I wouldn't have come nearly as far as I have done in the months that I have been working on the yard. Here are some photos showing myself jumping Poppy in the school, doing a Prelim dressage test with her at Spinal Research at Arena UK and riding the jumping pony at Ashby-de-la-Zouche County Show.



LATEST ACHIEVEMENTS!!!!!!

Intermediate Technical Certificate: Caitlin Coulter, Georgia Chrysanthopoulos, Rachel Hill, Emily Howarth, Katie Liversidge, Megan Smith, James York, Roberta Clay, Hannah Goodrum, Ayla Johnson, Eleesha Murray, Morgan Walker, Emma Warriner

Advanced Technical Certificate: Cassie Arnold, Chloe Chaplain, Jessica Green, Sophie Chandler, Sophie Hemmings, Alice Brear, Michaela Smithen, Paisley Woodward

Apprenticeship: Anne-Marie Smith, Sarah Naylor, Sam Antcliff, Maizie Brown, Emmily Antcliff, Joshua Gray, Patricia Hall-Richards, Catherine Monfredi, Lucy Taylor, Lauren Ward, Deanna Berrington, Caitlin Coulter, Emily Harrison, Naomi Hartman, William Vicencio-Prior, Codie Goddard, Alyssa Jones, Charlotte Knopik, Shannon Patrick, Heather Porter, Jack Rhodes, Georgeea Nortcliffe, Savanagh Kearns, Caroline Jones, Sophie Jesty

Advanced Apprenticeship: Cassie Arnold, Chloe Chaplain, Jessica Green, Sophie Chandler, Sophie Hemmings, Alice Brear, Michaela Smithen, Bethany Slinger, Mikki Bailey, Megan Colton, Dominique Hunt, Hannah Phelps, Hollie Porter, Christine Sunderland, Joe Wilson, Shannon Wilson, Zoe Wright

MASTERCLASS FEEDBACK - MATTHEW SAMPSON

Aspect 1: What was the most useful aspect of the day? • The change of tack, to get a softer approach to the jump • The training advice from a top trainer • Having access to a world class coach, that can bring over instructions to improve jumping of various levels of riders • Seeing my trainees ride • Watching the jumping session and watching how the guidance was taken • Having Matt!! His wealth of knowledge and expertise is so valuable to employers and students alike • How to stop a horse from running out • Slowing the pony down between fences to get a smoother jump • It was useful for the apprentices to have a very talented and knowledgeable trainer to guide them through the day • My confidence in going over the bigger fences • Seeing the improvements in every horse and rider through their lesson • Watching Matthew Sampson teaching other people • Learning to make the horse wait to the fence • Excellent trainer, good positive feedback for my apprentice • Watching my daughter ride a different horse • Use the tips he gave me - e.g. good rhythm • Amazing horses and friendly tips from Matthew

Aspect 2: What was the most enjoyable aspect of the day? • All of the day • Riding on a good surface, excellent facilities and a well designed course • Watching riders improve in a short space of time • Seeing the improvements in horse and riders while also socialising with other SCT people • Watching the horses improve • Jumping fences - the biggest I've ever jumped • Getting training from a top rider • Watching all the apprentices ride well and jump a course and improve during the lessons • Jumping and feeling/ seeing the improvement • Seeing the very effective training techniques used. Seeing the very high standard of turnout of horses • Learning new skills to improve my riding • Getting to jump a course • Learning from an experienced professional • Well run and pleasant atmosphere • Course and counting correct strides • I enjoy Matthew's way of teaching, as he gives you confidence, good feedback and progresses you throughout the lesson • Jumping a big track with good comments • Keep on top of paperwork • It was exciting getting to ride another horse and being taught by a professional • Seeing everyone get hints and tips to improve their level of jumping from a professional.

Aspect 3: What will you do now to improve your work and progress? • Improve straightness • Keep inspiring and motivating like Mathew Sampson • Keep a rhythm when jumping • Instigate some of what was heard • Take on board Matthew's comments and include them in my day to day training • Encourage other people to ride in and share the knowledge to also help others improve • Don't cut out corners • Practice striding between fences • Work on keeping a steady rhythm around a course • Continue to implement the techniques I picked up today • Jump my horse around a little at home and aim to keep him relaxed • Try new tack changes • Make the horse wait to the fence and not go flat • Take away with me all the tips I've learnt today • Help design showjumping course each month to improve my knowledge for strides and lines • Keep on top of riding and attend other Masterclasses

Aspect 4: Do you have any other comments about the quality of Masterclass? • Smooth running due to organisation behind the scenes by SCT staff • Excellent venue, trainer and organisation • Very well organised by all • Fab! • I enjoyed being able to help on the lessons, so I could see the variety of horses and riders • Really enjoyable and had lots of fun • Superb opportunity for apprentices and employers • Excellent, really good and made me work really hard • Really good - best one I've been to!! • Really enjoyed it • Everything was well organised, Matthew was a very good trainer and SCT provided food and drink for everyone, which was great for the riders and spectators • I really enjoyed my day and the quality of the lesson • Thank you. • Well organised and friendly with good Parklands horses • Very relaxed - but also professional • Lovely, friendly atmosphere

FUNCTIONAL SKILLS EXTERNAL TESTS

Mathematics Level 1: Lauren Smith, Ryan Hatt

Mathematics Level 2: Patricia Hall-Richards, Codie Goddard, Zoe Wright, Emma Jewell, Jessica Green, Naomi Hartman, Emily Howarth, Ashleigh Wilkinson, Sarah Warner, Maizie Brown, William Vicencio-Prior

English Level 1: Claudia Harrison-Guess, William Vicencio-Prior, Lisa Gray

English Level 2: Chloe Chaplain, Dominique Hunt, Nicole Fairbank, Jack Rhodes, Roberta Clay, Emily Howarth

EXAMPLES OF GOOD PRACTICE IN TRAINING

Ofsted inspections have found that training is most effective when it is carefully planned and structured; suited to the individual, their competence and experience; where the amount of learning is regularly checked; and the training is used to prepare the apprentice for assessment. Between February and June 2015 SCT worked with Graham Patrick, an Ofsted inspector and leading international adviser on the quality improvement of training practice. Graham visited yards to observe employers delivering Practical Skills training sessions with the aim of: Identifying and promoting best practice in coaching • Encouraging effective and efficient coaching to enable apprentices to learn and achieve • Continuously improving the standards of work and success of all apprentices • Providing evidence for employers wishing to do the Coaching units

Examples of good practice that were observed include: development of learners' verbal English skills to explain, justify, and evaluate by use of skillfully constructed questions • discussion on boundary maintenance included environmental considerations - birds nesting and time of year for trimming hedges • preparation to help ensure a valuable learning experience - using SCT Action Plan, Skillscheck and Scheme of Work to plan the session • use of learners' own experience from work, to enhance learning. • good rapport, and relationships between learners and tutors • embedding of English including support for spelling • clear about the need for note-taking from the start • encouragement for learners to use the SCT Online Learning to reinforce their grasp of the subject matter • incorporation of Equality & Diversity issues: how others plait and encouragement to value these differences in opinions / attitudes • clear learning taking place of commercial practice and requirements for both the current and potential employers • promotion of aspects of health and safety, risk assessment carried out by learner prior to practical task • clarity of aims of the session from the beginning, followed through by appropriate re-cap and checking of learning • availability of dictionary and calculator, to incorporate English and Maths within the session • clear commitment to developing high standards • stretch and challenge appropriate to the advanced level apprenticeship • 'show and do' approach of trainer, doing a bit of the task, then letting learner do the same, then progressing to the next bit, then letting learner practice. Very effective in enabling progressive skill development in the tasks which are new to the learner. • use of praise for work being well done and appropriate answers • exceptionally high quality instruction to raise skill level of learner using more challenging horses and being required to work to this high standard • clear, high level lunging skills being progressively developed • development of wider knowledge and understanding by the learner, beyond the immediate practical task • ongoing guidance given to the learner when lunging, to help refine technique • learner self evaluated her performance including areas where further improvement is needed • spelling mistakes identified and corrected • integration of video and visual aids to promote learning • explored reasons to shampoo / wash a horse / welfare considerations for horse and human • asking different learners to watch a video and look for different things in particular: eg., welfare of the horse / welfare of the person / techniques used and desirable / speed of work / environment • one learner attempted the bandage, the other learner asked to critique this - good use of peer review techniques to extend learning • clear, constructive and encouraging feedback • At the end of the session the Skillscheck questions are used to check learning and record the training provided.

